

## SCIENTIFIC PROGRAMME

Thursday 2<sup>nd</sup> October 2025

07.30 Welcome

### Chronic Venous Disease (CVD) - Basics

*Moderator: Dominik Heim (Switzerland)*

- 07.45 Definition of Venous Symptoms. *Tobias Hirsch (Germany)*
- 07.55 Pathophysiology of CVD. *Andrew Nicolaides (Cyprus)*
- 08.10 Importance of CEAP classification in CVD. *Niels Baekgaard (Denmark)*
- 08.20 How accurate are our ultrasound tests for reflux and obstruction? *Christina Jeanneret (Switzerland)*
- 08.35 Evaluation tools for CVD patients and assessment of outcomes. *Taha Khan (UK)*
- 08.45 Discussion

### Non-invasive Treatment of CVD

*Moderator: Tomasz Urbanek (Poland)*

- 09.00 Are drugs indicated and efficient? *Dominik Heim (Switzerland)*
  - 09.10 When to use bandages. *Dieter Mayer (Switzerland)*
  - 09.20 When to use stockings. *Michel Juenger (Germany)*
  - 09.30 When to use intermittent pneumatic compression (IPC). *Pia Foegh (Denmark)*
  - 09.40 Discussion
- 09.50 Coffee break
- 10.10- Live demonstration on injection sclerotherapy on spider veins (live transmission).  
10.30 *Hak Hong Keo (Switzerland)*
- 10.40 **Workshop** – The “Nuts and Bolts” of the workshop. *Andrew Nicolaides (Cyprus)*

### Workshops: 11.00-13.00

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Varicose vein surgery, Pelvic vein incompetence, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Early thrombus removal, Veno-active drugs, Venous valve reconstruction, lip-lymphoedema, medical adhesive*

13.00 Lunch

### Superficial incompetence (1)

#### Optimal technique

*Moderator: Imre Bihari (Hungary)*

- 14.00 Varicose vein surgery with and without saphenous vein removal. *Jürg Traber (Switzerland)*
- 14.10 Pathways of reflux at the SF Junction. *Rolf Engelberger (Switzerland)*

- 14.20 When I use thermal ablation. *Lars Müller (Germany)*  
 14.30 When I do not use thermal ablation. *Jose Maria Hipola Ulecia (Spain)*  
 14.40 A look into the near future: Non thermal High Intensity Focused Ultrasound (HIFU). *René Milleret (Romania)*  
 14.50 Diagnosis and Intervention for recurrence (PREVAIT). *Dominik Heim (Switzerland)*  
 15.00 Complex cases of reflux and obstruction. *Efthymios Avgerinos (Greece)*  
 15.10 Pelvic vein diseases. When and how to intervene *Suat Doganci (Turkey)*  
 15.20 *Discussion*
- 15.30 Interventional treatments of varicose veins. Video presentation of the methods and discussion. *Tomasz Urbanek (Poland)*

**15.45 Case presentations**

16.15 Coffee break

**Workshops:** 16.35 - 18.35

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**Friday 3rd October 2025**

**Superficial incompetence (2)**

**Focus on foam sclerotherapy**

*Moderator: Dominik Heim (Switzerland)*

- 07.45 Sclerotherapy in cosmetic treatment. *Tomasz Urbanek (Poland)*  
 07.55 Treatment of recurrent varicose veins with foam. *Dominik Heim (Switzerland)*  
 08.05 How to avoid complications of foam sclerotherapy? *Tomasz Urbanek (Poland)*  
 08.15 *Discussion*

**Management of acute Thromboembolism (1)**

*Moderator: Niels Baekgaard (Denmark)*

- 08.25 CTV, MRV, IVUS and venography in the venous workup (acute DVT and CVD). *Taha Khan (UK)*  
 08.35 Do the direct oral anticoagulants (DOAC's) change the treatment of VTE? *Armando Mansilha (Portugal)*  
 08.45 Thrombophilia: Who needs to be tested? *Andrew Nicolaides (Cyprus)*  
 08.55 *Discussion*
- 09.05 Can we prevent DVT recurrence? *Andrew Nicolaides (Cyprus)*  
 09.15 Can we prevent the post-thrombotic syndrome? *Tomasz Urbanek (Poland)*  
 09.25 Current treatment of superficial vein thrombosis. *Armando Mansilha (Portugal)*  
 09.35 *Discussion*

**09.45 Case presentations**

10.10 Coffee break

**Workshops:** 10.30 – 12.30

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12.30   Lunch

**Management of acute Thromboembolism (2)**

*Moderator: Taha Khan (UK)*

- 13.30   Catheter-directed thrombolysis (CDT) combined with venous stenting. *Niels Baekgaard (Denmark)*  
13.40   Pharmaco-mechanical and mechanical thrombectomy. *Niels Baekgaard (Denmark)*  
13.50   The “shift” from CDT to early thrombus removal. *Efthymios Avgerinos (Greece)*  
14.00   Discussion  
14.10   **Case presentations**  
15.30   Coffee break

**Workshops:** 16.00 - 18.00

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18.00   Christa Kölbener/Appenzell OST

18.30   Drinks Reception

**Saturday 4<sup>th</sup> October 2025**

**Diagnosis and treatment of chronic venous insufficiency (C3-C6)**

*Moderator: Andrew Nicolaides (Cyprus)*

- 07.45   Sequential treatment plan for CVI. *Imre Bihari (Budapest)*  
07.55   Indications and contra-indications to medical compression. *Tomasz Urbanek (Poland)*  
08.05   Clinical practical management of venous ulcer. *Dieter Mayer (Switzerland)*  
08.15   Discussion  
08.25   Treatment of deep vein obstruction. *Taha Khan (UK)*  
08.35   Venous valve reconstruction. *Marzia Lugli (Italy)*  
08.45   Perforator Incompetence treatment. *Imre Bihari (Hungary)*  
08.55   Can we determine the relative importance of obstruction and reflux in an individual patient? *Andrew Nicolaides (Cyprus)*  
09.05   Phlebolymphoedema. *Denise Luchsinger (Switzerland)*  
09.15   Discussion  
09.25   **Case presentations**  
10.00   Coffee break

## **Diagnosis and treatment of lymphedema**

*Moderator: Tomasz Urbanek (Poland)*

- 10.15 State-of-the-Art management of patients with lymphoedema. *Denise Luchsinger (Switzerland)*
- 10.25 Reconstructive Microsurgery for Lymphoedema. *Nicole Lindenblatt (Switzerland)*
- 10.35 *Discussion*

**Workshops:** 10.45 – 12.45:

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Varicose vein surgery, Pelvic vein incompetence, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Early thrombus removal, Veno-active drugs, Venous valve reconstruction, lip-lymphoedema, medical adhesive*

- 12.45 End of meeting. Presentation of Case Presentation Prize